

## How is this different than Home Health provided by Public Health?

Your County Public Health Department provides in-home nursing care to homebound patients, and it is an important and valuable part of your overall care. Through the Homeward Bound program, a doctor or nurse practitioner will bring primary medical care to you at home so that you do not have to travel to the Health Center for an office visit. The Public Health nurses and Hudson Headwaters' Homeward Bound medical staff will work closely together to assure that you receive the care you need.

## What if I'm very sick or have an emergency? Who do I call?

If you are very sick or have an emergency, we strongly recommend that you call 911. The hospital Emergency Care Center will be the best option for you under these circumstances. Hudson Headwaters' doctors and providers work together to care for their patients in the hospital. If it is necessary for you to stay in the hospital, you can rest assured that information about your care will be sent to your physician or nurse practitioner.

## ***Homeward Bound:*** *Bringing Health Care Home*



Phone (518) 798-1859 • Fax (518) 798-1863

## ***Homeward Bound:*** *Bringing Health Care Home*



A home-based primary care program for our frail and homebound patients living in the greater Glens Falls area.

## **A Guide for Patients and Families**

**H HUDSON  
H H HEADWATERS  
N Health Network**

in association with  
**The Glens Falls Home, Inc.**

Phone: (518) 798-1859 • Fax: (518) 798-1863

**Homeward Bound:***Bringing Health Care Home*

Our goal is to bring primary health care to you at home when your illness or health condition makes it too challenging for you to travel to your primary care doctor at the Health Center. The Homeward Bound team of doctors and nurse practitioners is committed to caring for your overall health.

**Is this the right program for me or my loved one?**

This program is for Hudson Headwaters' frail and/or elderly homebound patients living in the greater Glens Falls area. If you are over 65 years old or disabled, with chronic health problems that keep you homebound, the Homeward Bound team may be able to help. It is important for you to discuss this with your current primary care provider. All Homeward Bound medical staff are Hudson Headwaters health center providers. Do not hesitate to call for more information: (518) 798-1859.

**Who are the medical professionals on the "Homeward Bound" team?**

Suzanne Blood, MD, MPH, nurse practitioners Patricia Auer, MSN, FNP, Lisa Greenwald, MS, FNP and social worker Cairenn Young, LMSW lead this primary care team. Photos and brief bios are available on our website: [www.hhbn.org](http://www.hhbn.org).

**What health care services are usually provided during a home visit?**

We will bring primary health care services to you in your home. Depending on your circumstances, the doctor or nurse practitioner may:

- » Record your medical history and give you a comprehensive physical examination.
- » Review your current health condition and chronic health issues.
- » Make recommendations on diet and exercise.
- » Prescribe medications based on your medical history and physical exam.
- » Refer certain aspects of your ongoing care to health care specialists.
- » Order diagnostic testing such as x-rays, EKG, CT scans, or lab/blood tests.
- » Help coordinate your health care services with other services you may be receiving.

**Who do I contact to sign up or get more information?**

You and your health care provider must be comfortable with transferring your care to the Hudson Headwaters' Homeward Bound team. Therefore, we encourage you to speak with your current provider about it. You are also welcome to call us directly for more information about the program: (518) 798-1859.